

RIZAL HALL: DPE's HAVEN

Rizal Hall is a haven of the Department of Physical Education (DPE). It accommodated the DPE office in the Alumni conference room when the old Sports Science and Wellness Center (SSWC) was demolished to pave the way for the construction of SSWC. Also, it became the venue of our PE classes such as Foundations in Physical Fitness, Arnis, Aerobics, Philippine Games, Fencing, Social Dance, and Modern Jazz. The open area near the theater, the parking area, and some classrooms in the building were utilized as learning spaces. The nearby buildings such as Student Center and Gat Andres Bonifacio (GAB) building were also used by the PE students as venues of Weight training, Circuit training, etc.



Usually, when we are in SSWC, we got to interact with our CAS colleagues only during faculty conferences, meetings, seminar workshops, and Christmas parties. When we were transferred to Rizal Hall, we had more opportunities to interact with our colleagues. Also, it will take us only a few steps to attend the committee and council meetings in the designated rooms and theater respectively. Moreover, it is easier for our admin staff to submit the documents to the Dean's office.

Last year, the Phase 2 renovation of the new SSWC started. Again, the DPE office was transferred to the Alumni conference room. The smooth transfer allowed the department's work to be uninterrupted. Lectures and classes were held as usual in the different areas in Rizal Hall.

We are grateful to Rizal Hall for always opening its arms to us whenever we need a second home, the DPE's haven.

Prof. Chessa S. Pituk
Chair
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